

## PQRST Strategy

**PREVIEW** an article/document by scanning it. You might want to read any given outline at the beginning of the document. Pay attention to the headings of the sections and subsections. Read the summary. The point is to get an idea of the main topics and sections of the article/document.

**QUESTION** yourself by making questions of the headings of each section and subsection. Questions are usually based around “who”, “what”, “why”, “where” & “when”

As you **READ** the document, look for the answers to the questions you have made. You might like to use the template given overleaf to write responses to your questions.

**SELF-RECITATION** requires that you try to remember the main points of each section and that you say them out loud (if possible) to yourself.

You **TEST** yourself after you have finished the article. How many of the main ideas can you remember?

So as a reminder it is:

**P** – Preview

**Q** – Questions

**R** – Re-read

**S** – State the answers

**T** – Test

Overleaf is a template you may find helpful when reading – use it to prompt yourself to ask the right questions and make notes as you read:

**TEMPLATE**

<b>Who?</b>
<b>What?</b>
<b>Where?</b>
<b>Why?</b>
<b>When?</b>